# EDUCATION FOR FAMILY DOCTORS

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# PHASES OF EDUCATION

- Undergraduate
- Generic Postgraduate
- Specialist Postgraduate
- Continuing Professional Development.

#### KEY MESSAGES

- Family Medicine is not simply a collection of specialties, it is a distinct specialty in its own right.
- Family Medicine should be taught by Family Doctors.
- ALL doctors need to understand what happens in the community.
- Hospital work allows concentrated experience in individual specialties.
- Family Medicine Trainers need to be trained, supported and, if possible, paid.
- The specialty needs a range of Faculty.

# UNDERGRADUATE

- Students need to understand that what they see in hospital is not the same as what they see in the community.
  - Early and disorganised presentation
  - Long-term care
  - Multiple morbidity
  - Prevention and screening
- A good experience is important for recruitment.
- In Liverpool, 30% of undergraduate time is spent in the community.

#### GENERIC POSTGRADUATE

- In England 55% of graduates spend at least 4 months in General Practice during Foundation training (2 years).
- It is especially important for those choosing a hospital career.

# SPECIALIST POSTGRADUATE

- Active and rigorous selection by Family Doctors for the programme.
- 18 months in hospital posts and 18 months in a Practice.
- GP Trainers are selected, trained, paid, and reselected for the job.
- Educational supervision is by GPs throughout the 3 years.
- Curriculum is written by GPs.
- End point exam is set and marked by GPs.

# SELECTION

- Initial MCQ examination which rejects the outliers with insufficient clinical knowledge to benefit from training.
- Selection centre with national methodology and standards run by GP Deans and their staff.
- Includes simulated patients and written and group exercises.
- 30% of applicants are rejected at this point.

### PROGRAMME

#### Many variations but a typical programme is

- 6 months GP
- 6 months internal medicine
- 4 months paediatrics
- 4 months Obstetrics & Gynaecology
- 4 months Accident & Emergency
- 12 months GP
- Other specialties may be substituted for O&G or A&E, eg psychiatry.
- In Liverpool there are 150 doctors in each year of the programme.

# CURRICULUM

- The curriculum is developed by the Royal College of General Practitioners and approved by the General Medical Council.
- It is a formal written document.
- All trainees have access to the curriculum in an electronic portfolio.

# ASSESSMENT

- All trainees must pass the MRCGP examination to practice as GPs.
  - Applied Knowledge Test a computerised MCQ
  - Consultation Skills Assessment 11 simulated patients in the RCGP's own centre.
  - Workplace Based Assessment a mix of assessment, diaries, reflections and feed back across the whole 3 years assessed by GP Deans.
  - Must pass in 3 attempts or allowed six months extension.

#### CONTINUING PROFESSIONAL DEVELOPMENT

- Must be based on practice reflection and audit.
- Must deliver improvements in practice.
- Based on an annual Personal Development Plan.
- Variable credit based system
- RCGP has electronic system
- Part of revalidation in the future.

# FACULTY

- Every medical school has a General Practice department with a Professor and staff.
- Every medical school has a Postgraduate
   Deanery with a GP Dean and staff at 3 levels:
  - The Dean and his Associates
  - The Programme Directors who teach local groups
  - The Trainers who teach and supervise one-toone.
- Courses are provided for a range of topics such as Family Planning, Minor Surgery, Child Health Surveillance and Psychiatry.