General practitioner – a specialist for multimorbidity

- multidimensional approach
- paradigm shift – from problem-oriented to goal-oriented medical care
- team – GP, nurse and ...
- care for chronic, elderly, polymorbid and immobile patients
- preventive orientation
- competencies
- knowledge upgrade
- financing

XXXI. Annual conference of Slovak Society of General Practice of the Slovak Medical Association (SkS GP SkMA) Bojnice 21-23 October 2010

The Health Minister of Slovak Republic MUDr. Ivan Uhliarik patronages the conference of general practitioners.
Conference takes places with the support of Regional Office of the World Health Organization for Europe (WHO/EURO), European Forum for Primary Care (EFPC), Association for the protection of patient’s rights (AOPP) and in collaboration with the Slovak Chamber of nurses and midwives(SKZSaPA)
Conference chairmanship and the Steering Committee:

● MUDr. Iveta Vaverková, MPH, President of SkS GP SkMA and XXXI. Conference President, +421 908 724955, i.vaverkova@gmail.com  ● MUDr. Karol Herda, Chair of Organizing Committee, +421 907 361739, karol.herda@zoznam.sk  ● MUDr. Darina Sedláková, MPH, Director of WHO office in Slovakia, coordination of WHO support and projects oriented to primary health care development in Slovak Republic +421 903 420378, dse@euro.who.int  ● MUDr. Jana Bendová, coordination of participants from abroad, +421 903 131311, jana_bendova@hotmail.com  ● MUDr. Peter Makara, MPH, Vice-president SkS GP SkMA, +421 903 705055, peter.makara@gmail.com  ● MUDr. Peter Pekarovič, Scientific secretary of SkS GP SkMA, +421 904 878628, peterpekarovic@pobox.sk  ● MUDr. Peter Lipták, Executive Officer of Secretariat SkS GP SkMA, conference coordinator, +421 903 440016, lipp@pobox.sk  ● Marcela Idlbeková, FARMI-PROFI, accommodation manager, +421 918 569890, idlbekova@farmi-profi.sk

Organizational instructions

Date: 21 – 23 October 2010
Venue of the conference: Town cultural centre in Bojnice, Hurbanovo námestie 19/41, Bojnice
Registration: 21-23 October 2010 from 7.30 o’clock

Conference fees for those registered in writing: until 10.10.2010.... As of 11.10.2010
SkS GP SkMA members 20 EUR 25 EUR
SkS GP SkMA non-members 25 EUR 30 EUR

On-site registration: members 25 EUR, non-members 30 EUR
Students, nurses, nonworking and retired GPs pay reduced fees (the half),
Free entry for guests, lecturers and committee members.
Social evening SkS GP SkMA: 22 October 2010 from 20.00 to 24.00
SkS GP SkMA members meeting: 23 October 2010 from 14.30 to 16.30 in congress hall

Congress languages: Slovak, Czech, English
Simultaneous translation available.

CME credit points:
Scientific program for physicians: 18 CME credits.
Program for nurses on Saturday according to SKSaPA criteria: 6 credits.
There are discussions going on with SKSaPA about the credits for nurses for the program taking places on Thursday and Friday.
Posters are going to be displayed in the cultural centre Bojnice.
Sponsors and exhibitors

**General sponsor**
GlaxoSmithKline

**Major sponsor**
Servier Slovensko

**Other sponsors and exhibitors**

BTL-Slovakia  
CSC Pharmaceuticals  
Merck Pharma  
Sanofi Pasteur  
Swiss Pharma  
Novartis Slovakia  
Valeant Slovakia  
Orion Diagnostika  
Abbott Products  
Actavis  
AOOP  
Danone  
TANGRA  
AllMedical
**Scientific program (preliminary draft version 22.9.2010):**

**Thursday 21.10.2010**

**Cinema hall**

A • 9.30-10.30 – Opening ceremony

**Introduction:**

MUDr. I. Vaverková, MPH, President SkS GP SkMA and XXXI. Conference President and MUDr. Karol Herda past-president SkS GP SkMA and Chair of the Organizing Committee

**Guests greetings:**

Doc. MUDr. Ján Porubský, CSc., Minister of state, Ministry of Health of Slovak Republic

MUDr. Darina Sedláková, MPH, Director of the WHO office in Slovakia

PhDr. Mária Lévyová, President of SKSaPA

JUDr. Eva Madajová, Chair of AOPP

Reserved for Slovak Medical Association

Prof. Christos Lionis, MD, WONCA EUROPE a EGPRN

Prof. MUDr. Peter Labaš, PhD, Dean of Medical Faculty of Comenius University in Bratislava

Doc. MUDr. Svatoslav Býma, CSc., Chair of SVL ČLS JEP (Society of General Practice of the Czech Medical Association of J. E. Purkyně)

**• Ceremonial fanfare**

**Break – 30 minutes**

B • 11.00 - 12.00 – Undergraduate education – 60 min

**About the importance of undergraduate education for the development of general medicine as the basic element of primary care at medical faculties in European Union and in Slovakia**

**Coordinator:** I. Vaverková

1. Prof. Christos Lionis, MD – A comparison of systems of undergraduate education in European Union, optimal model according to WONCA.

2. Prof. MUDr. Peter Labaš, PhD – Undergraduate education of medical students at Medical Faculty of Comenius University in Bratislava, current possibilities of graduate’s training and his/her motivation for working in primary health care

3. Doc. MUDr. Svatoslav Býma, CSc./ Doc. MUDr. Bohumil Seifert, Ph.D. – System of pregraduate education of general practitioners in Czech Republic


**2. Congress hall**
Symposium of Abbot Products – 60min
2. MUDr. Peter Najmik, Košice – Dyslipidaemia treatment in practice – the role of fenofibrate

Lunch break till 13.00 o’clock

Cinema hall

Research in general medicine – 60min
Coordinator: J. Bendová
1. Prof. Christos Lionis, MD, GP – Research opportunities in general practice in countries with limited resources
3. Research opportunities in general medicine in Slovakia:
   - Data projects (MUDr. Katarína Tesárová, GP, Bratislava, MUDr. Peter Lipták, GP)
   - Post antibiotic diarrhea (Clostridium difficile toxin) at elderly and polymorbid patients
     – Lucia Kukučková, GP in training

Break 20 min

ABC dietology – 60min
Coordinator: I. Vaverková, GP
1. Ing. Judita Kobzová, dietologist (Arcadia Piešťany) – Obesity, Diabetes Mellitus, Metabolic syndrome – well-balanced diet – basic recommendations
2. Catabolic state diet (oncology, dementia, patients affected in Homes of social care, elderly in Homes for retired and elderly in home care...)
3. MUDr. Igor Bukovský, PhD – News in healthy diet recommendations

Break 20 min

Haematology – 60min
New competencies in haematology
Coordinators: D. Buzgová, GP, R. Compagnone, GP
1. Antiaggregation therapy – new competency - clopidogrel
2. Anticoagulation therapy – new competency - warfarin

Break 20 min

Obesitology university – 60min
Coordinator: I. Vaverková, **GP**
1. National program for obesity prevention (Mgr. Petra Ölvecká, Institute for Public Health Slovak Republic)
2. Obesitological practice in GP practice (MUDr. Katarína Tesárová, **GP**, Bratislava)
3. Pharmacotherapy of overweight/obesity, metabolic syndrome (MUDr. Dagmar Prokešová, endocrinologist and obesitologist, Bratislava)
4. Surgical treatment of morbid obesity in Slovakia (Doc. MUDr. Ľubomír Marko, PhD, Chief physician at Surgery department in Banská Bystrica, Chairman of Slovak Obesitology Society (SOS)
5. Comprehensive approach to life style changes in practice (MUDr. Martina Šintálová, Arcadia Piešťany, Slovak Obesitology Society (SOS)

**2.Congress hall**

A •13.00-14.00 – Infectology – 60min
**New competency in infectology – Herpes zoster treatment in GP practice**
*Coordinators: M. Jandzíková, **GP**, P. Bakič, **GP**,*
1. Prof. MUDr. Mária Šimaljaková, PhD – Clinical picture of Herpes zoster, differential diagnosis, treatment.
2. Prof. MUDr. Ivan Šréter, CSc. – An infectologist’s point of view at the Herpes zoster treatment, complicated cases hospitalized at the Infectology Clinic.
3. Cases from a practice of a GP

**Break 20 min**

B •14.20-15.20 – ABC dermatology – 60min
*Coordinators: M. Jandzíková, **GP**, P. Bakič, **GP**,
Prof. MUDr. Mária Šimaljaková, PhD.
– Differential diagnosis of skin findings in a general practice

**Break 20 min**

C •15.40-16.40 – ABC pain – 60min
**Neurophatic pain in general practice**
*Chairmanship: Prof. MUDr. Peter Turčányi, MUDr. P. Pekarovič, **GP**,*
1. Diabetes mellitus
2. Herpes zoster
3. Radicular syndromes and phantom pain
4. Cases from a general practice

**Break 20 min**

D •17.00-18.00 – Spine school – 60min
**Exercise or procedures?**
*Chairmanship: Prof. MUDr. Anton Gúth, MUDr. Soňa Ostrovská, **GP**,*

•19.00 Concert in cinema hall with a rout in congress hall
Friday 22.10.2010

1. Cinema hall

A • 8.30-9.30 – **Key message** – 60min
Prof. Jan De Maeseneer, GP, president of European Forum for Primary Care (EFPC) – “Primary Health Care as a strategy to achieve equitable care”. Primary health care, GPs have the strategic role for achievement of quality, equitable and financially effective health care. Paradigm Shift - from problem oriented to goal oriented.

Break - 15 min

B • 9.45-10.45 – **Primary health care – the key to health care system strengthening** – 60min
Chairmanship: Darina Sedláková (WHO), Jan De Maeseneer (EFPC), Adam Hochel (Ministry of Health SR), Adriana Liptáková (Ministry of Health SR), I. Vaverková (SkS GP SkMA), P. Lipták (SkS GP SkMA), Jana Bendová ((SkS GP SkMA)
1. Prof. Dr. Manfred Maier, GP, Vienna University – „Disease management“ programs in Austria
2. MUDr. Peter Lipták, GP – Care of chronically ill patients in Slovakia.
3. MUDr. Darina Sedláková – WHO cooperation on primary health care development in Slovakia.
4. MUDr. Adam Hochel, MPH (Ministry of Health) – Tasks of primary health care in Slovakia

C • 11.00-12.00 – Diabetes mellitus – 60min
Chairmanship: D. Sedláková (WHO), J. De Maeseneer (EFPC), A. Hochel (Ministry of Health of SR), A. Liptáková (Ministry of Health of SR), M. Mokáň (Slovak Diabetology Society), I. Karen (Society of General Practice of the Czech Medical Association of J. E. Purkyně), I. Vaverková (SkS GP SkMA), P. Lipták (SkS GP SkMA), Jana Bendová (SkS GP SkMA)
1. Prof. Dr. Manfred Maier, Vienna University – EFPC recommendations for care of diabetic patients in general practices, care of diabetic patients in Austria.
2. MUDr. Igor Karen, GP – Current situation in diabetic patient’s care in Czech Republic
3. Doc. MUDr. Emil Martinka, PhD, Chair of Slovak Diabetology Society – Care of diabetic patients in Slovakia, the perspective of a diabetic patient during the present diabetes epidemic, Diabetes mellitus type 2. Priorities of Slovak Diabetology Society.
4. MUDr. Peter Lipták, GP – Primary health care for diabetic patients in Slovakia.

2. Congress hall

B • 9.45-10.45 – **Vaccination school** – 60min
Coordinators: D. Buzgová, GP, R. Compagnone, GP
1. Principles of correct vaccination – MUDr.Ivan Bakoš
2. Virus hepatitis and opportunities for prevention (guidelines presentation) – Doc. MUDr. Pavol Kristián, PhD
3. Diphtheria, Tetanus, Pertussis – is there the need to vaccinate? – MUDr. Jarmila Pertinačova
4. Up-to-date recommendations for vaccination practice in general practices - MUDr. Dana Buzgová, GP

Break 15 min

C •11.00-12.00 – Food intake disorders – 60min
Chairmanship: MUDr.Peter Makara, PhD, GP, MUDr. Niké Makarová (psychiatrist), Prim. MUDr. Peter Korcsog (psychiatrist), MUDr. Helena Korcsogová, GP
1. Bulimia
2. Anorexia
3. Food intake disorders present at elderly

Lunch break 12.00 - 13.00 o'clock

Three parallel sections – NEW!

1. Cinema hall

A •13.00-16.00 – Roma people – 180 min
Prof. Jan De Maeseneer, GP, (president of European Forum of Primary Care (EFPC), Tierry Christiaens, MD, GP, Christine Leyns, MD, GP, – general practitioners from Ghent (Belgium) – they take care of a large population of Roma immigrants – transmigrated from Luník IX., Miroslav Pollák (Government assignee for Roma communities), Slovak GPs (P.Lipták, J. Bendová, P. Pekarovič), Roma activists and patient’s representatives.
Interactive workshop, simultaneous translation
- experience with the care of Roma people (complexity of care in general practices, community care, Medical services of first aid problems, etc.);
- investigation of the impact of Roma people life style onto their health status, discussion with Roma patients;
- how can we achieve an equitable quality care for Roma people?
- What are the opportunities for general practitioners/family doctors in Slovakia/Flemish region?
- The way forward: international cooperation possibilities for Roma health problems solution.

Break 15 min.

B •16.15-18.00 – Interactive discussion – Ministry of Health, Health Insurance Companies, SkS GP SkMA, Health Care Surveillance Authority (ÚDZS) – 105 min
The place of GP segment at the health care financing during the financial sources crisis.
Chairmanship: A. Hochel, A.Liptáková, M. Faktor, H.Hupková, R. Roľná, M. Kultan,
T. Bôrik, J. Gajdoš, J. Gajdošík, GP, Jan De Maeseneer, GP, Dario Zanon, GP, Manfred Maier, GP, I. Vaverková, GP, P. Makara, GP.

1. MUDr. Iveta Vaverková, GP – Contribution of general medicine, GP practices and their impact for health services economics.

2. Dr. Dario Zanon, Regional director of Health Department of Venice region – 4,5 mill. of inhabitants. Our Italian model of health care.

3. Prof. MUDr. Ján Gajdošík, PhD, GP – Main expert for general medicine of the Ministry of Health point of view to primary health care tasks in the effectively working health care system.

4. MUDr. Marian Faktor – VšZP (General Health Insurance Company). General medicine segment financing during the financial resources crisis. The VšZP point of view.


2. Congress hall

A • 13.00-14.00 – Angiology – 60min
Chairmanship: MUDr. Katarína Dostálová, MUDr. Pavol Štec
1. Superficial and deep venous thrombosis – management of patient by nurse in general practice – D. Masárová, F. Bán, Martin
2. Ultrasound examination of venous system of lower limbs – Katarína Dostálová, angiologist, Bratislava
3. Project Days of healthy veins - evaluation – MUDr. Pavol Štec, GP, Kežmarok

Break 20 min.

B • 14.20-15.20 – Geriatrics – 60min
Geriatric patient care in the field, cooperation with ADOS (Agencies for home nursing care), risks of old age
Coordinators: R. Roľná, I. Vaverková, GP,
1. Aspects of geriatric patients care in geriatric out-patient unit - Rezníková, Rysulová
2. Care of a geriatric patient in the field, cooperation with ADOS (Agencies for home nursing care) – MUDr. Ružena Roľná, MPH – VšZP (General Health Insurance Company)
3. Risks of old age – I. Vaverková, GP

Break 20 min.

C • 15.40-16.40 – Cardiology I – 60min
Chronic heart failure
Coordinators: Peter Lipták, GP, Martina Jandzíková, GP, Peter Bakič, GP
2. Doc. MUDr. G. Kamenský, CSc.: Chronic heart failure, clinical picture, diagnostic procedures.
3. Prof. MUDr. Fedor Šimko, CSc.: Heart failure treatment, problems and perspectives

Break 20 min.

D • 17.00-18.00 – Cardiology II – 60min
Cardiovascular prevention „Day of the heart 2010“
Chairmanship: E. Goncalvesová, Š. Farský, G. Kamenský, F. Šimko, P. Lipták GP, M. Jandziková GP, P. Bakič GP
1. Doc. MUDr. G. Kamenský, CSc. – Day of the heart evaluation – 24th September 2010
2. P. Lipták, M. Jandziková, P. Bakič – Day of the heart e2010 – activities of GPs
4. The draw of the winner of device Boso ABI 100- PAOD screening from all participants of the Day of the heart 2010

3. Hotel pod Zámkom
- workshops -22 October 2010 – these topics are registered so far (time schedule will be given later on):

A • 00.00 - 00.00 – PC workshop
Informed patient
Doctor Google

B • 00.00-00.00 – General medicine is sexy!
– workshop for young general practitioners, Vasco da Gama movement

C • 00.00-00.00 – Behavioural workshop:
Labyrinth – from Minotaur to medicine
Jana Bendová GP, Ulrich Busch GP (Austria)

C • 20.00-24.00 Social evening of SkS GP SkMA
– Miguel Mendez’s Latino Flash performance and miner’s band from Prievidza

Saturday 23.10.2010

1. Cinema hall

A • 8.00-9.00 – Pneumology – 60min
Syndromes in pneumology – differential diagnosis in pneumology
Coordinator: J. Bendová, GP, B. Šperková GP, I. Vaverková GP
1. Symptoms of respiratory diseases, dyspnoea, cough
2. Differential diagnosis of tumors, infectious diseases and pulmonary embolism,
   Chest X-ray cases
3. Cases from GP practice
Break 15 min.

B •9.15-10.15 – Oncology – 60min
Coordinator: V.Ballová, E. Berešová GP
1. Chronic myelogenous leukaemia
2. Neuroendocrine tumors
3. Lymphadenopathy

Break 15 min.

C •10.30-11.30 – Smoking cessation school – 60min
- Respirology group workshop
Coordinators I. Vaverková, J. Bendová, B. Šperková

Break 15 min.

D •11.45-13.00 – hypertension school – 75min
- workshop
Coordinator: Prim. MUDr. Peter Jonáš

2. Congress hall:

A •8.00 - 9.00 – Psychiatry – workshop – 60min
1. Management of psychiatric disorders, the division of work between a GP and
a psychiatrist.
2. Managing an aggressive patient in the GP practice and during a home visit.
3. Cases of psychiatric patients in GP practice

Break 15 min.

B •9.15 - 10.15 – Vessels examination – our competencies -
workshop – Vessel projects of SkS GP SkMA – 60min
Coordinator: J. Kaňuch, GP, K. Dostalová, P. Štec, GP
MUDr. K. Dostálová, MUDr. Ján Kaňuch, MUDr. Pavol Štec

Break 15 min.

C•10.30-11.30 – Tests in our practices = POCT (Point of care testing) – 60min
–Coaguchek, CRP, glucometer, BP manometer, ECG, spirometry, AB
checkers -60 min
Coordinator: M. Baník GP, P. Lipták, GP

Break 15 min.
D • 11.45-13.00 – Flu – 60min
Coordinator: D. Buzgová GP, R. Compagnone GP, Z. Košťálová GP, P. Lipták GP
1. Prof. MUDr. Fedor Čiampor, DrSc. – Flu viruses, real threat.
2. Doc. MUDr. Mária Avdičová, PhD – Evaluation of the last year’s flu pandemy in the world and in Slovakia, lessons from the pandemy course, WHO attitudes.
3. MUDr. Luděk Hochmuth – Flu vaccination, strategies how to achieve a higher vaccination rates
4. D. Buzgová GP – Vaccination during the autumn 2010 – flu, pneumococcal, up to date information for GPs.

Lunch break 13.00 - 14.30 o’clock

Congress hall:

A • 14.30 -16.30 Interactive workshop – GP’s problems, education, presence and future of primary health care – members meeting of SkS GP SkMA – 120min
Coordinator: MUDr. Iveta Vaverková - president SkS GP SkMA
2. General medicine problems
   - procedure regarding the next destiny of LSPP
   - procedure regarding referrals
   - procedure regarding further GP’s education (alarming numbers of GPs in the retired age - 1000, fears about the future existence of GP sector in 10 years)
   - procedure for financial negotiations between health insurance companies and GPs
   - procedure regarding the death body inspections performance
   - procedure regarding organisation of congresses and further educational activities for GPs
3. Global strategy regarding negotiations with health insurance companies and with Ministry of Health SR.
4. Presence and future of Primary health care in Slovakia
5. Support from WHO and EFPC, global strategy of primary health care development.

B • 16.30 Termination of the conference for doctors

Further topics for workshops and posters are to be registered before 10th October 2010, There will be space for all interested participants.
**Scientific program for nurses:** We are inviting nurses to join the scientific program for GPs on Thursday and Friday

**Saturday 23.10.2010 8.00 - 14.00 o’clock**

*Conference hall of the Hotel pod Zámkom in Bojnice*

<table>
<thead>
<tr>
<th>Author</th>
<th>Co-author</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reserved author</td>
<td><strong>Nursing</strong></td>
<td>Justice and legislation, education evaluation</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Out-patient health and nursing care problems</td>
</tr>
<tr>
<td>Mgr. Tatiana Harhovská</td>
<td></td>
<td>Psychology I</td>
</tr>
<tr>
<td>Jana Ďurmeková</td>
<td></td>
<td>Psychology in nurse’s work</td>
</tr>
<tr>
<td>Bc. Jana Dorčáková</td>
<td></td>
<td>Communication with family members of a patient in palliative care</td>
</tr>
<tr>
<td>Bc. Jana Dorčáková</td>
<td></td>
<td>Helping activity of a nurse for domestic violence victims and battered women</td>
</tr>
<tr>
<td>Mgr. Tatiana Harhovská</td>
<td></td>
<td>Effective prevention of femoral fractures</td>
</tr>
<tr>
<td>Reserved author</td>
<td></td>
<td>Incontinence aids</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td>MUDr. Karol Urbanec</td>
<td>Cardiology</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Relationship between alcohol and hypertension</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Etiological context between hypernatraemia and hypertension</td>
</tr>
<tr>
<td>Mgr. Tatiana Harhovská</td>
<td></td>
<td>Cardiology</td>
</tr>
<tr>
<td>Dana Masárová</td>
<td>MUDr. Florián Bán</td>
<td>Psychology II</td>
</tr>
<tr>
<td>Bc. Jana Dorčáková</td>
<td>MUDr. Anna Jolšvaiová</td>
<td>Own blood usage in the treatment of locomotive system diseases</td>
</tr>
<tr>
<td>Mgr. Tatiana Harhovská</td>
<td></td>
<td>Superficial and deep venous thrombosis</td>
</tr>
<tr>
<td>Bc. Jana Dorčáková</td>
<td></td>
<td>Prevention of infectious diseases by oncological patient</td>
</tr>
<tr>
<td>Jana Lukáňová</td>
<td>Anna Grambičková</td>
<td>Cancer and sexuality from the League against cancer point of view</td>
</tr>
<tr>
<td>------------------------</td>
<td>---------------------------</td>
<td>------------------------------------------------------------------</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Nursing care provided in the connection of sexual health in Roma women</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Stigmatisation and barriers in the connection with HIV positive patient or a patient with AIDS</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Patient with mental anorexia in GP practice</td>
</tr>
<tr>
<td>Mgr. Jaroslava Lunterová</td>
<td></td>
<td>Professional approach of a nurse toward a patient with obsessional – compulsive disorder</td>
</tr>
</tbody>
</table>

Further topics for workshops and posters are to be registered before 10th October 2010. There will be space for all interested participants.

Termination of conference for nurses at 14 o’clock

We are looking forward to meet you!

Organizational Committee of the XXXI. Annual conference of SkS GP SkMA.