



Slovenská spoločnosť
všeobecného praktického lekárstva SLS
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Slovak Society of General Practice of Slovak Medical Association
(SkS GP SkMA)

XXXII. Annual Conference

High Tatras, 13th-15th October, 2011

The general practitioner is the fundamental pillar of effective health care

- **paradigm shift – from a particular problem to complex target**
- **multidimensional approach**
- **primary health care team – general practitioner and nurse**
- **the care for chronically ill, multimorbide, elderly and immobile patients**
- **knowledge upgrade**
- **preventive orientation**
- **competencies**
- **financing**

The Minister of Health Ivan Uhliarík patronages the conference.

The conference takes place with the support of the European Regional Office of the World Health Organization (WHO/EURO), the European Forum for Primary Care (EFPC), the Association for the Protection of Patient's Rights (AOPP) and in collaboration with the Slovak Chamber of Nurses and Midwives (SKSaPA)

Conference chairmanship and the Organizing Committee

- **MUDr. Iveta Vaverková**, MPH, President of SkS GP SkMA and the President of the XXXII. Conference, 0908724955, i.vaverkova@gmail.com
- **MUDr. Eva Berešová**, Chair of the Organizing Committee, 0903 630 023, eberesova@mail.t-com.sk
- **MUDr. Peter Pekarovič**, Scientific secretary of SkS GP SkMA, Chair of the Scientific/Program Committee, 0904 878628, peterpekarovic@pobox.sk
- **MUDr. Jana Bendová**, Coordination of participants from abroad, +421 903 131311, jana.bendova@hotmail.com
- **MUDr. Darina Sedláková**, MPH, Director of WHO office in Slovakia, coordination of WHO support and projects oriented to primary health care development in Slovak Republic 0903420378, dse@euro.who.int

- **MUDr. Peter Makara**, MPH, Vice-president SkS GP SkMA, 0903 705055, peter.makara@gmail.com
- **Bc. Jaroslava Lunterová**, Section of nurses working in outpatient healthcare facilities SKSaPA 058/4424245, jaroslavalunterova@gmail.com , jaroslava.l@centrum.sk
- **MUDr. Peter Lipták**, Director of secretariat of the SkS GP SkMA, conference coordinator 0903 440016, lipp@pobox.sk
- **Marcela Idlbeková**, FARMI-PROFI, accommodation manager, 0918 569890, idlbekova@farmi-profi.sk

Organizational instructions

Date: 13th – 15th October 2011

Venue of the conference: High Tatras – Smokovce:

1. Grandhotel Bellevue – Horný Smokovec 21
2. Gradhotel – Starý Smokovec 38

Participants Registration: from 13th to 15th of October 2011 from 7:30

Conference fees

	till 31.8.2011	from 1.9. to 30.9. 2011	On-site registration
SkS GP SkMA members	20 EUR	30 EUR	33 EUR
SkS GP SkMA non-members	30 EUR	40 EUR	44 EUR

Students, nurses, non-working or retired GPs pay reduced registration fees (50% discount), Registration fee includes the participation on scientific program, printed conference documents, entry to the accompanying exposition and refreshments during the whole scientific program. Registration fee is non-refundable.

The way of payment: for the foreign participants - please contact the Organizing Committee

Accompanying cultural events:

1. Evening cultural event and rout, Grandhotel Bellevue 13.10.2011: 5 €fee for SkS GP SkMA members, 10 €for non-members 10 €
2. Social evening SkS GP SkMA, Gradhotel Bellevue 14.10.2011: 10 €fee for SkS GP SkMA members, 15 €for non-members 10 €

Capacity for both events is limited to 400 participants. Tickets for cultural events are going to be available on-site only, at the registration. You can register for the cultural events together with the conference registration.

Free entry for lecturers, guests and the Committee of SkS GP SkMA.

SkS GP SkMA member's meeting: 15th October from 1:30 pm in Congress hall of the Grandhotel Bellevue.

Congress languages: Slovak, Czech, English. **Simultaneous translation of presentation available.**

Posters are going to be displayed at assigned premises of the Grandhotel Bellevue.

CME credit points:

Scientific program for physicians according to CME: 19 credit points:

1. conference day (13.10) – 6 credit points for passive participation
2. conference day (14.10) – 7 credit points for passive participation
3. conference day (15.10) – 6 credit points for passive participation

Scientific program for nurses according to SKSaPA: 19 credit points:

1. conference day (13.10) – 6 credit points for passive participation
2. conference day (14.10) – 7 credit points for passive participation
3. conference day (15.10) – 6 credit points for passive participation
(+ 10 credit points for the nurse with active participation)

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GLENMARK Pharmaceuticals SK

BENELA

ACTAVIS

SOLEN

AOPP

Scientific program (draft version 3.9.2011):

Thursday 13th October 2011

1. Congress hall Grandhotel Bellevue I

A •9.00-10.00 – Traumatology – 60min

(Traumatological department of the Hospital Poprad)

Coordinator: E. Berešová

Break 20 minutes

B •10.20 - 11.30 – Tatra's mountains rescue service – 60 min

Coordinator: E. Berešová

2. Congress hall Grandhotel Bellevue II

A •9.00-10.10 – Healthcare Surveillance Authority cases – 60min

(Healthcare Surveillance Authority Poprad)

Break 20 minutes

B •10.20 - 11.20 - Infectology – 60 min

Coordinator: I. Vaverková

1. Prof. MUDr. P. Jarčuška – AIDS in the world and in Slovakia
2. MUDr. E. Adamkovičová – Imported infections
3. Doc. MUDr. P. Kristián, PhD – Hepatitis, current possibilities for GP
4. Prof. MUDr. P. Jarčuška, PhD – Immunomodulatory effect of antibiotics in lower respiratory tract infections

Lunch break 11.20 – 13.00

1. Congress hall Grandhotel Bellevue I

A •13.00-13.25 - Opening ceremony

Introduction:

MUDr. I. Vaverková, MPH, President SkS GP SkMA and the President of the XXXI.

Conference and MUDr. E. Berešová, Chair of the Organizing Committee

Speech of the Mayor of High Tatras town

Guests greetings:

MUDr. Ivan Uhliarik, the Minister of Health of Slovak Republic

Dr. Tony Mathie, the President of Wonca Europe

Dean of Medical Faculty

Prof. MUDr. Peter Krištúfek, CSc., President of Slovak Medical Association

MUDr. Darina Sedláková, MPH, Director of the WHO office in Slovakia

PhDr. Mária Lévyová, president of SKSaPA

JUDr. Eva Madajová, chair of AOPP

Doc. MUDr. Svatoslav Býma, CSc., Chair of SVL ČLS JEP (Society of General Practice of the Czech Medical Association of J. E. Purkyně)

•Ceremonial fanfare

Break 5 minutes

B •13.30-15.00 – Presence and future of general practitioner's education – 90min

About the significance of pregradual and postgradual education for the growth of general practice as the fundamental pillar of health care in European Union and in Slovakia

Coordinator: I. Vaverková

1. Dr. Tony Mathie, President Wonca Europe– GP as the fundamental pillar of an effective health care system, Optimal model of GP's education according to **WONCA**
2. Doc. MUDr. Svatoslav Býma, CSc., Chair **SVL ČLS JEP** – The system of GP's education in Czech Republic
3. Dean of Medical Faculty – Presence and future of GP's education at Medical Faculty
4. Minister of Health of Slovak republic, Ivan Uhliarik – the place of **Primary Health Care** in Slovakia, human resources planning in general practice

Break 20 min

C •15.20-16.40 – Oncology – 80min

News in oncology

Coordinator: J. Bendová

1. R. Hrčka – Screening of colorectal cancer in Slovakia - scientific guidelines
2. J. Marenčák – Prostate cancer
3. J. Danko, P. Žúbor – Current state of diagnostics and treatment of breast diseases in Slovakia
4. V. Ballová – Late toxicity in patients treated with radiotherapy and chemotherapy
5. J. Bendová – Guidelines of SkS GP SkMA in oncology

Break 10 min

D •16.50-18.00 – Arterial hypertension and cardiovascular diseases - 70 min

Chair: V. Bada, Š. Farský, D. Buzgová, M. Galčíková

1. Š. Farský – News in arterial hypertension treatment guidelines
2. M. Galčíková – ABPM in general practices
3. V. Bada – Cardiovascular and metabolic diseases – original or generic drugs?
4. D. Buzgová – Hypertension emergency and urgency in general practices

2. Congress hall Grandhotel Bellevue II

A •13.30-14.30 – Geriatrics I – 60min

Coordinators: R. Compagnone, P. Belan

1. P. Belan – Fragile geriatric patient in general practice

2. R. Compagnone – Chronic heart failure in geriatric patients
3. General practitioner's care for patients with chronic heart failure in Europe – [EPOS](#)

Break 20 min

B •14.50-15.50 – Physiotherapy – 60min

Coordinators: E. Ďurišová, S. Ostrovská

1. E. Ďurišová: Osteoporosis – prevention by exercise
2. J. Pertináčová – Myths and facts about vaccination
3. S. Ostrovská – Vaccination of risk groups

Break 10 min

C •16.00-18.00 – GP's education – 120min

Presence and future of GP's education in Slovakia - workshop

Coordinator: Principal expert for general medicine of the Health Ministry of Slovak Republic
– Prof. MUDr. Ján Gajdošík, CSc.

Others:

3. Hotel's gym – Grandhotel Bellevue - 16.00-18.00

Coordinators: E. Ďurišová, S. Ostrovská

Practice exercises against osteoporosis, pelvic base strengthening, School of back

4. Lounge Cristal – Grandhotel Bellevue:

2 courses, 20 participants each (10.00-12.00 and 13.00-15.00)

Communication and psychological skills in general practice - workshop.

Lecturers: Mgr. Petra Zemanová, Mgr. Miroslava Zimányiová, MUDr. Martin Ondrejko

5. Conference hall Hoepfner Grandhotel Starý Smokovec –

14.00-16.00 – Health care based on patient's needs

Coordinator: P. Lipták in collaboration with AOPP

•20.00 Performance: [Zuzana Kronerová](#) and theatre [Divadlo z pasáže \(from Banská Bystrica\)](#)

•21.00 Rout in Grandhotel Bellevue

•21.00 Working dinner with invited guests in Grandhotel Starý Smokovec

Friday 14th October 2011

1. Congress hall Grandhotel Bellevue I

A •8.30-9.30 – Resuscitation – 60min

Coordinators: J. Hencel, [V. Dobiáš](#)

Break 15 min

B •9.45-10.45 - Diabetes mellitus – 60min

Coordinator: P. Lipták

1. Primary care diabetes Europe - PCDE

Break 15 min

C •11.00-12.00 – Key message – 60min

Chair: T.Mathie (WONCA), I.Vaverková (SkS GP SkMA) D.Sedláková (WHO), Health Section of Ministry of Health of SR

Dr. T. Mathie, WONCA Europe President– The general practitioner is the fundamental pillar of effective health care

2. Congress hall Grandhotel Bellevue II

A •8.30-9.30 – The law and ethics – 60 min

Coordinators: E.Berešová, J.Senčáková, P.Pekarovič

Break 15 min

B •9.45-10.45 – VARIA – 60min

1. Prof. MUDr. J. Jakubíková, CSc. – Treatment of flu and cold with sinusitis
2. Prof. MUDr. J. Pella, PhD – The place of fenofibrate in everyday clinical practice
3. Presentation reserved

Break 15 min

C •11.00-12.00 – Geriatrics II – 60min

Chair: Prof. Weber, Doc. Babčák, H. Meluzínová, M. Baník

1. P.Weber, H.Meluzinova (Brno, Czech Republic) – Geriatric syndromes
2. M.Babčák (Prešov) – Diabetes treatment unusualness in elderly
3. H.Meluzinova, P.Weber – Dementia and cognitive disorders in elderly
4. F.Nemeth (Prešov) – Complex geriatric assessment

Lunch break 12:00 - 13:30

2. Congress hall Grandhotel Bellevue I

A •13.30-14.30 – Symposium CSC – 60 min

1. Prof. MUDr. Janka Jakubíková, CSc. – Local diclophenac application in oropharyngeal inflammation
2. MUDr. Dušan Broďáni, PhD. – Management of pain treatment not only from an algesiologist´s point of view
3. MUDr. František Cibulčík, CSc. – Nutrition and dementia

Break 15 min

B •14.45-15.45 – Symposium Abbot – 60 min

1. Doc. MUDr. H. Hupková, Prof. MUDr. J. Trupl, PhD: Current situation and development of antibiotic resistance in ambulatory practice

2. Prof. MUDr. S. Dluholucký, CSc., MUDr. F. Hrubá: The relationship between prescription and resistance against macrolid antibiotics
3. Prof. MUDr. J. Beran, CSc: “When will be finally stop to underestimate the flu?”

Break 15 min

C •16.00-18.00 – QUO VADIS GENERALIS MEDICUS? – interactive discussion – MZ SR (Ministry of Health of SR), ZP (Health Insurance companies), ÚDZS (Health care surveillance Authority), WONCA, SkS GP SkMA, EFPC (European Forum for Primary care) – 120 min

The effectivity of health care provided in limited financial and human resources environment

Chair: Health Section of MZ SR (Ministry of Health of SR), Principal expert for general practice of Ministry of Health of SR Prof. J. Gajdošík, UDZS (Health care Surveillance Authority, Health Insurance companies – VšZP (General Health Insurance), Dôvera, Union ZP, WONCA, D. Sedláková (WHO), EFPC (European Forum for Primary Care), Boerma Wienke (NIVEL), SkS GP SkMA (I.Vaverková, P.Makara)

1. Primary health care in Slovakia - WHO survey results

2. Congress hall Grandhotel Bellevue II

A •13.30 - 14.30 – Occupational health –60 min

Chair: Š.Moricová, I.Solovič, M. Jandzíková, P. Bakič

1. P. Bakič – Professional exposition to noise
2. M. Jandzíková – Care for professional drivers
3. L. Kukučková, L. Mahel'ová, K. Dostálová, Š. Moricová – Vibration disease
4. I. Solovič – Professional exposition to tuberculosis

Break 10 min

B •14.40-15.40 – ECG school – interactive workshop – 60min

Chair: S. Filipová, M.Jandzíková

1. S.Filipová – ECG at acute and chronic myocardial infarction
2. S.Filipová – ECG at the most common arrhythmias

Break 10 min

C •15.50-16.50 Nephrology – 60min

Chair: M.Demeš, E.Illešová

1. M. Demeš – Chronic kidney disease - CKD, stratification and financial analysis
2. E. Illešová, Š. Moricová – Diagnostic algorithm in CKD
3. M. Hamilton, A. Farkašová – Regimen and dietary measurements in CKD
4. A. Farkašová, M. Hamilton – Treatment measurements in CKD

Break 10 min

D •17.00-18.00 Endocrinology of thyroid gland – 60min

New guidelines for cooperation between endocrinology specialists and GPs - workshop

Coordinator: P.Lipták

1. Doc. MUDr. Ján Podoba, CSc – Thyroid gland diseases, management of thyropathies - the professional and organizational point of view
2. MUDr. Peter Lipták - Patient with thyroid gland disease in general practice

Other:

3. Lounges Gold, Silver and Cristal – Grandhotel Bellevue – Basic life support courses for previously registered participants (GPs and their nurses, it is also possible to register separately).

4. Hotel's gym – Grandhotel Bellevue – Behavioural workshop
– Labyrinth – from Minotaur to Medicine

5. Conference hall Hoepfner Grandhotel Starý Smokovec – Europacolon Slovakia – community preventive projects.

6. Slovak restaurant – Cooking healthy with MUDr. I. Bukovský - workshops

1. 13.30-14.30 Oncological patient
2. 14.45-15.45 Cardiovascular diseases

•20.00-24.00 Social evening SkS GP SkMA – Grandhotel Bellevue

Saturday 15th October 2011

1. Congress hall Grandhotel Bellevue I

A •8.30-9.30 – Psychiatry – 60min

Chair: MUDr. Vladimír Hacek, Prim. MUDr. Ludvik Nabělek, I. Vaverková

1. Crisis intervention
2. Management of patients with addictions – gambling
3. Smoking – chronic recurrent addiction

Break 15 min

B •9.45-10.45 – VARIA – 60min

Chair: M. Nekulová, P. Pekarovič

1. M.Nekulová (Brno, Czech Republic) – Pathological bone degradation indicator ICTP
2. Alessandro Perra (Milan, Italy) – Transfer factor practical use
3. Prof. MUDr. P. Jarčuška, PhD – When do we need oral cephalosporines of 3rd generation in ambulatory practice?

Break 15 min

C •11.00-12.00 – Rheumatology – 60min

Chair: Prof. MUDr. J.Rovenský, Dr.Sc., Doc. MUDr. J.Lukáč, CSc (National institute for rheumatic diseases in Piešťany), K.Herda (VLD Bojnice)

- 1.J. Lukáč – Systemic autoimmune diseases in general practice
- 2.J. Rovenský – Present therapeutical approaches in rheumatic diseases (biological treatment...spa treatment)
3. K.Herda – Differential diagnosis of arthralgias in general practice

2. Congress hall Grandhotel Bellevue II

A •8.30 - 9.30 – Angiology – 60 min

Chair: Š.Móricová, V.Štvrtinová, K. Dostálová, E. Bojdová, P. Lipták

1. E.Bojdová - Chronic venous disease – when is the surgical treatment indicated?
2. K.Dostálová, Š.Móricová - Perioperative thrombosis prevention
3. K.Dostálová, V.Štvrtinová - News in superficial thrombophlebitis treatment
4. P.Lipták - Days of healthy veins

Break 15 min

B •9.45 - 10.45 – Young General practitioner's cases – 60min

Coordinator: P. Lipták

Break 15 min

C•11.00-12.00 – Diagnostic and intervention radiology – 60min

Diagnostic and intervention radiology department (ODIR) Poprad

Coordinator: E. Berešová

1. M. Heržák – Vascular intervention abilities
2. L. Chalányi – Non-vascular intervention abilities
3. M. Heržák – Diagnostic-therapeutical procedures and methods at different pathological states
4. L. Chalányi – Percutaneous vertebroplastic

Other:

3. Lounge Silver

A •11.00 - 12.00 – ABI measurement in general practices – PAO project of SkS GP SkMA in cooperation with SAS SLS (Slovak Angiology Society of Slovak Medical Association), workshop – 60min

Coordinators: K. Dostalová, L. Kukučková, E. Bojdová, J. Kaňuch, P. Štec

4. Lounge Cristal

A •9.45 - 10.45 – Point of care testing methods (POCT), workshop – 60min

Coordinators: J. Laňková, M. Baník

– Coaguchek, CRP, occult blood testing, microalbuminuria, HCG, Glucometers, Blood pressure measurements, ECG, Spirometers, AB checkers, Dopplers...

B •11.00-12.00 – Young GPs, Vasco da Gama WONCA project - workshop – 60min

Coordinators: L.Bachratá, B.Blahová, SLoMSA representative (Slovak Association of medical students)

Lunch break 12:00 - 13:30

Congress hall Grandhotel Bellevue

13.30-16.30 Interactive workshop – SkS GP SkMA members meeting – 180min

Coordinator: MUDr. Iveta Vaverková – SkS GP SkMA president

A – International cooperation – 60 min

1 – WONCA Europe 2012 – Vienna, ÖGAM

2 – WONCA World 2013 – Prag, SVL ČLS JEP

B – Global strategy for negotiations with health insurance companies and Ministry of Health of SR

C – GP's Alliance

D – Presence and future of Primary Health Care in Slovakia

E – WHO, WONCA and EFPC support

F – Main targets for the growth of Primary Health Care in Slovakia

Closing of the conference for medical doctors at 16.30

Notification!!

There is going to be a workshop of registered participants on Sunday, the 16th October 2011 at Terry's cottage.

Scientific program for nurses:

1. Nurses are invited to participate at the joint scientific program on Thursday & Friday

2. Saturday 15th October 2011 8.00 – 14.00

– Conference hall Hoepfner Grandhotel Starý Smokovec

Mgr. Petra Oláhová

- Urinary tract infections prevention at children
- Allergies development threat
- Laboratory examinations – systematic body parts
- Laboratory examination – body fluids

Mgr. Tatiana Harhová

- Patient education after the osteoporosis diagnosis

Bc. Jana Dorčáková

- General information about vaccination
- Particular aspects of food allergens (“E” numbers in food)
- Nursing care for patients with atopic eczema
- Basic information about varicella vaccination

Mgr. Jaroslava Lunterová

- Informed consent from the nurse’s point of view
- Jogging in (not only) obesity and hypertension prevention
- Hyperglycaemia, diabetes, febrile diseases – elimination measures
- BMI as a social problem
- Measures leading to HDL cholesterol optimisation
- Preventive measures against travel thrombosis development
- Patient’s education at chronic venous disease of lower limbs

Mgr. Iveta Michalová

- Ambulatory nurse and complaints

Closing of the conference for nurses at 14.00.

Notification!!

There is going to be a workshop of registered participants on Sunday, the 16th October 2011 at Terry’s cottage.

We are looking forward to meet you!

**Organizing Committee of the XXXII. Annual Conference
of the Slovak Society of General practice of the Slovak Medical Association.**